

Allergy & Asthma Diagnostic Office

Consent to treatment with Allergy Injections

Dr. Juan Sotomayor/ Dr. Ellen B. Schaeffer/ Jill Agne FNP/ Summer Goetz, FNP/ Katie Klee, FNP and their staff have explained to my satisfaction their diagnoses and recommendations for the treatment of my allergic problems. They have explained to me the importance of environmental control measures and use of prescribed medications. I understand that taking allergy injections for at least 5 years may help symptoms.

I understand that patients taking allergy injections should not use beta-blockers because they may inhibit the treatment of a severe allergic reaction, such as asthma, blood pressure changes and shock. If I am now taking beta-blockers, I will discuss this with my allergy Doctor. The following are beta-blocker medicines: Acebutolol(Sectral), Atenolol(Tenormin), Betaxolol(Betopic), Bisoprolol(Cardicor, Emtor, Zebeta), Carteolol(Teoptic), Carvedilol(Eucardic), Celiprolol(Celectol), Labetalol(Trandate), Levobunolol(Betagan), Metipranolol, Metoprolol(Betaloc, Lopressor, Toprol), Nadolol(Corgard), Nebivolol(Nebilet), Oxprenolol(Trasicor), Pindolol(Visken), Propranolol(Inderal),Sotalol(Beta-Cardone, Sotacor),Timolol(Betim, Blocadren, Nyogel, Timoptol) Betimol, Doreg, Optipranolol, Tenoretic, Ziac. I understand that in addition to the risks listed below, there are greater risks if a patient is on Beta-Blocker drugs.

I understand that patients taking allergy injections should not use MAO inhibitor drugs for depression unless specifically approved by Dr Sotomayor, Dr. Schaeffer, Jill Agne FNP, Summer Goetz, FNP or Katie Klee, FNP. The following are some MAO inhibitor drugs: Marplan, Nardil, and Parnate. MAO inhibitor drugs also make it dangerous to use many prescription and over the counter allergy medications.

I understand:

1. Allergy injections will never be self-administrated.
2. Allergy injections will be given under a physician's supervision.
3. Need to remain in the physician's office for 30 minutes after each allergy injection.
4. There should be no strenuous exercise for 4-6 hours after receiving an allergy injection.
5. Side effects to allergy injections may include redness, itching, swelling and/or bruising at the site of the injection. If swelling occurs, I will notify the doctor or nursing staff.
6. Other reactions that could occur are nasal or sinus congestion, headache, cough, itchy eyes, nose or throat, chest tightness, palpitations. I will notify the doctor or nursing staff **immediately** if these symptoms occur.
7. Rarely, more severe reactions, including hives, anaphylaxis or shock, may occur.
8. No vaccinations will be given 3 days before or 3 days after an allergy injection.
9. Each 6 months to 1 year, I will meet with my allergy Doctor to review my medical status and plan my future therapy.
10. Prescription refills may be temporarily suspended without above appointment.

I fully understand what has been explained to me at this time. I have had all of my questions answered to my satisfaction. I know that I may obtain a second opinion at any time. I give Dr. Sotomayor/ Dr. Schaeffer/ Jill Agne FNP/ Summer Goetz, FNP/ Katie Klee, FNP and their staff permission to start the immunotherapy program at this time.

It is necessary that a parent accompany and remain in our office with any patient under the age of 18

Printed Name of Patient to Consent

Patient /Person Authorized

Witness

Date